

# **Darien Chamber of Commerce**

Directory Listing as of 05-21-2025

Category: PERSONAL CARE & WELLNESS



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**A**

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**Andrew Stefanou Salon & Spa**

[\(203\) 656-5656](tel:2036565656)

[25 Old Kings Hwy North, Goodwives Shopping Center  
Darien CT, 06820](#)

<http://www.andrewstefanousalonandspa.com>

[info@andrewstefanousalonandspa.com](mailto:info@andrewstefanousalonandspa.com)

Accepts Town Wide Gift Certificates and/or e-Gift  
Card/ PERSONAL CARE & WELLNESS

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**B**

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**Beautycounter.com - Katherine Type**

[\(917\) 583-0927](tel:9175830927)

[22 Tower Dr, Darien, CT 06820](#)

[katherinetype@gmail.com](mailto:katherinetype@gmail.com)

Accepts Town Wide Gift Certificates and/or e-Gift  
Card/ ONLINE RETAILERS/ PERSONAL CARE &  
WELLNESS

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**BonBon Hair Studio**

[\(203\) 202-9969](tel:2032029969)

[841 Post Road, Darien, CT 06820](#)

<http://www.bonbonhairstudio.com>

[bonbonhairstudioct@gmail.com](mailto:bonbonhairstudioct@gmail.com)

Accepts Town Wide Gift Certificates and/or e-Gift  
Card/ PERSONAL CARE & WELLNESS

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**C**

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**CHRISTINE L. HAMILTON-HALL, DMD, MD  
AESTHETIC & MAXILLOFACIAL SURGERY  
CENTER OF DARIEN**

[\(203\) 656-4466](tel:2036564466)

[777 Post Road Darien, CT 06820](#)

<https://facialsurgerydarien.com>

Accepts Town Wide Gift Certificates and/or e-Gift  
Card/ DENTISTS/ORTHODONTISTS/ HEALTHCARE/  
PERSONAL CARE & WELLNESS

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**D**

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**Dr. Katie Wellness Insights**

[203-883-0346](tel:2038830346)

[745 Post Road Darien CT 06820](#)

<http://www.WellnessInsights.com>

[hello@drkatie.com](mailto:hello@drkatie.com)

Accepts Town Wide Gift Certificates and/or e-Gift  
Card/ HEALTHCARE/ PERSONAL CARE & WELLNESS

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**G**

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**Gregory LaTrenta MD**

[203-309-5701](tel:2033095701)

[1472 Boston Post Road](#)

[drlatrenta@gmail.com](mailto:drlatrenta@gmail.com)

Accepts Town Wide Gift Certificates and/or e-Gift  
Card/ HEALTHCARE/ PERSONAL CARE & WELLNESS

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**H**

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**Hammer & Nails Grooming Shop for Guys**

[347-302-0545](tel:3473020545)

[Darien Commons, 88 Heights Rd, Darien, CT](#)

PERSONAL CARE & WELLNESS

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**I**

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**Inspire Train Fit**

[203-644-6688](tel:2036446688)

[770 Boston Post Road, Darien, CT 06820](#)

[allison@inspiretrainfit.com](mailto:allison@inspiretrainfit.com)

FITNESS/ PERSONAL CARE & WELLNESS

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**K**

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**Kristina Hess, LDN, CNS/Thrive Results  
Coaching**

[203-984-7989](tel:2039847989)

[30 Old Kings Hwy South Suite 115, Darien, CT 06820](#)

<http://www.thriveresultscoaching.com>

[kristinaihess@gmail.com](mailto:kristinaihess@gmail.com)

Accepts Town Wide Gift Certificates and/or e-Gift  
Card/ HEALTHCARE/ PERSONAL CARE & WELLNESS

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**L**

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**LANPHIER DAY SPA, LLC**

[203-656-4444](tel:2036564444)

[20 West Ave, Darien CT 06820](#)

<http://www.Lanphier.us>

[You@Lanphier.us](mailto:You@Lanphier.us)

Accepts Town Wide Gift Certificates and/or e-Gift  
Card/ PERSONAL CARE & WELLNESS

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**Lil Brit of Wax**

[949-378-3621](tel:949-378-3621)

[762 Boston Post Rd #301 Darien, CT 06820](http://www.britofwaxandfacials.com)

<http://www.britofwaxandfacials.com>

[lilbritofwax@yahoo.com](mailto:lilbritofwax@yahoo.com)

Accepts Town Wide Gift Certificates and/or e-Gift Card/ PERSONAL CARE & WELLNESS

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**P**

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**POSH Spa**

[\(203\) 309-5454](tel:203-309-5454)

[1077 Post Road Darien, CT 06820](http://www.poshct.com)

<http://www.poshct.com>

[info@poshct.com](mailto:info@poshct.com)

Accepts Town Wide Gift Certificates and/or e-Gift Card/ PERSONAL CARE & WELLNESS

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**R**

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**Rudy's Grooming Club**

[203-202-9311](tel:203-202-9311)

[1077 Post Road Darien CT 06820](http://rudysgroomingclub.com/)

<http://rudysgroomingclub.com/>

[rudysgroomingclub@gmail.com](mailto:rudysgroomingclub@gmail.com)

Accepts Town Wide Gift Certificates and/or e-Gift Card/ PERSONAL CARE & WELLNESS

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**S**

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**Salt Cave of Darien**

[\(203\) 658-7667](tel:203-658-7667)

[555 Post Road, Darien, CT 06820](http://saltcaveofdarien.com)

<https://saltcaveofdarien.com>

[info@saltcaveofdarien.com](mailto:info@saltcaveofdarien.com)

Accepts Town Wide Gift Certificates and/or e-Gift Card/ PERSONAL CARE & WELLNESS

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**Skin Studio Aesthetics & Wellness**

[203-939-0077](tel:203-939-0077)

[972 Boston Post Road Suite 202, Darien, CT 06820](http://skin-studio-aesthetics-and-wellness.square.site/)

<http://skin-studio-aesthetics-and-wellness.square.site/>

[emilycarlisi.np@gmail.com](mailto:emilycarlisi.np@gmail.com)

Accepts Town Wide Gift Certificates and/or e-Gift Card/ PERSONAL CARE & WELLNESS

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**Stretch Zone**

[203-914-7156](tel:203-914-7156)

[1077 Post Road Darien, CT 06820](http://stretchzone.com/locations/darien-ct)

[http://](http://stretchzone.com/locations/darien-ct)

<https://www.stretchzone.com/locations/darien-ct>

[darien@stretchzone.com](mailto:darien@stretchzone.com)

Accepts Town Wide Gift Certificates and/or e-Gift Card/ FITNESS/ HEALTHCARE/ PERSONAL CARE & WELLNESS

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**W**

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**Williams Day Spa**

[\(203\) 656-2363](tel:203-656-2363)

[1020 Boston Post Road, Darien, CT 06820](https://williamsdayspa.com/)

<https://williamsdayspa.com/>

[contact@williamsdayspa.com](mailto:contact@williamsdayspa.com)

Accepts Town Wide Gift Certificates and/or e-Gift Card/ PERSONAL CARE & WELLNESS

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