

	Sunday 4/25	Monday 4/26	Tuesday 4/27	Wednesday 4/28	Thursday 4/29	Friday 4/30	Saturday 5/1
ALL WEEK!!	ANDREW STEFANOU - 20% DISCOUNT ON SPA SERVICES						
ALL WEEK!!	WILLIAMS & COMPANY - SPECIAL PRICING ON MASSAGE						
ALL WEEK!!	HERNAN PRADA - SPECIAL OFFERS ON HAIRCUTS AND HAIR COLORING						
ALL WEEK!!	POSH SPA - SPECIAL OFFERS						
ALL WEEK!!	JULIAS HAIR SALON - 20% OFF ANY SERVICE						
ALL WEEK!!	SALT CAVE OF DARIEN - 50% OFF SALT CAVE SESSION DURING THE WEEK WITH CODE DARIENCC						
ALL WEEK!!	CHRISTINE HAMILTON-HALL, DMD, MD - 25% OFF SKINCARE DURING THE WEEK, 40% OFF LASER DURING BIRTHDAY MONTH!						
6AM				FREE GOODFIT 7:00-7:45	FREE JOYRIDE CYCLE 6:15-7:05		
7AM					EVOLUTION PT 7:30-8:15		
7:30							
7:45							
8AM	DARIEN RUNNING 8:00-FINISH	FREE PURE BARRE CLASSIC 8:00-8:55	FREE HAYVN WALK AND MEDITATION 8:00-9:00	FREE GOODFIT 8:00-8:45		FREE PURE EMPOWER (INT-ADV) 8:00-8:55	
8:30							
8:45							
9AM	POST RUN COOLDOWN & FUN! LYMBR PERFORMANCE OPTIMAL HEALTH NEAT GRETIN & TONIC BLUE WAVE BOOSTER CLUB HOLLOW TREE SELF STORAGE 9:00-11:00			FREE GOODFIT 9:00-9:45			SALT CAVE OF DARIEN COMPLIMENTARY STRETCH AND COMPRESSION 9:00-12:00
9:30		SALT CAVE OF DARIEN FREE YOGA CLASS 9:30-10:30	FREE JOYRIDE CYCLE 9:45-10:35		FREE PURE REFORM (ADV) 9:30-10:25		
9:45				FREE GOODFIT 10:00-10:45			
10AM							
10:30							
10:45		FREE BAR METHOD EXPRESS 10:45-11:30	FREE PURE BARRE FOUNDATIONS INTRODUCTORY 11:00-11:55	FREE GOODFIT 11:00-11:45	VEGA AERIAL FITNESS & WELLNESS + MUDROOTS & MOONLIGHT @ HAYVN 10:00-2:00	FREE OSTEOSTRONG 11:00-11:20	
11AM						FREE OSTEOSTRONG 11:30-11:50	
11:30		DARIEN PILATES MAT CLASS 11:30-12:25		FREE GOODFIT 12:00-12:45		FREE OSTEO 12:00-12:20	
11:45						OSTEO FB LIVE! 12:00-12:20	EVERWELL 12:00-1:00
12PM						FREE OSTEOSTRONG 12:30-12:50	
12:30			FREE PURE BARRE CLASSIC 12:30-1:25		FREE CLUB PILATES 12:30-1:30		FREE CLUB PILATES 12:30-1:30
12:45						FREE OSTEOSTRONG 1:00-1:20	
1PM						FREE OSTEOSTRONG 1:30-1:50	
1:30							
1:45							
2PM							DANCE ON THE DL 2:00-2:30
2:30							SAMPLE BARVIDA 2:00-3:00
2:45							
3PM				VEGA + MUDROOTS @ SALT CAVE 3:00-4:30	FREE CLUB PILATES @ DSS 3:30-4:30		RAFFLE PRIZE DRAWINGS! PRIZES DARIEN SPORT SHOP THE AUTHENTIC ATHLETE DARIEN RUNNING ANDREW STEFANOU SALON & SPA FLOWERS & FLOWERS AND MORE!
3:30							
4PM				FREE PURE BARRE CLASSIC 4:00-4:55		SALT CAVE OF DARIEN 50% DISCOUNT USE CODE DARIENCC	
4:30							
5PM						J.MCLAUGHLIN SIP-N-SHOP 4:00-7:00	
5:30			FREE LYMBR VIRTUAL STRETCH 6:00-6:30	FREE YMCA YOGA BY THE WATER 6:00-7:00	FREE JOYRIDE CYCLE 6:00-6:50	ORTHODONTIC BOUTIQUE OF CONNECTICUT OPEN HOUSE 5:00-7:00	
6PM						OX RIDGE CLUB 5:30-6:30	
6:30						SALT CAVE OF DARIEN 6:00-7:15	
6:45		FREE PURE BARRE CLASSIC 6:45-7:40					
7PM							
7:30							
7:45		EVERWELL 7:30-8:45					
8PM							
8:30							
ALL WEEK!!	PLAYA BOWLS DARIEN - 10% DISCOUNT IN STORE						
ALL WEEK!!	PURE BARRE - MEMBERSHIP PROMO						
ALL WEEK!!	THE BAR METHOD - 30 DAYS UNLIMITED CLASSES FOR \$49						
ALL WEEK!!	JOYRIDE STUDIO - 25% DISCOUNT 1 MONTH UNLIMITED MEMBERSHIP						
ALL WEEK!!	DARIEN YMCA - SPECIAL TRIAL MEMBERSHIP \$0 JOINERS FEE + 50% OFF FIRST MONTH						
ALL WEEK!!	NIELSEN'S FLORIST - 50% OFF LAVENDER PLANTS AND 50% OFF MAGNOLIA AND CHERRY TREES.						
ALL WEEK!!	EQUINOX - GET A GOODY BAG FOR PROMOTION!						
ALL WEEK!!	DR PHYLIS WEIHS-YAVNER			REVIVE - CENTER FOR WELLNESS			

Scan Me!!

